

Please take unused medicines to one of the drop boxes listed inside.

If you must throw them into your garbage:

- Place the medicine in a heavy plastic container (such as a margarine container) with some coffee grounds or kitty litter.
- Add some water and liquid soap.
- Close the lid tightly. Mix.
- Throw the container in your garbage.

For more information: Call 872-4102



Southern Kennebec County
**Alliance for
 SUBSTANCE ABUSE PREVENTION**
Reducing Substance Abuse - Building Community
 healthy communities OF THE CAPITAL AREA
 36 Brunswick Avenue - Gardiner, Maine 04345 - 207.588.5012



YOUTH MATTER!
 In Northern Kennebec

**MaineGeneral
 Medical Center**

Prevention Center
 207.872.4102
[www.maine-general.org/
 preventioncenter](http://www.maine-general.org/preventioncenter)

03-15

Do you have out-of-date or unused medicines in your home?

It's time to get rid of them.

MEDSmart Medication Education for Drug Safety

MaineGeneral Medical Center

Prescription Medications

Unused medicines cause a "HECK" of a problem in Maine

Health: There are more drug overdose deaths in Maine than highway deaths. (2005, 2008-2010) More than 90 percent of these deaths involved prescription medicines.

Environment: The Maine Department of Environmental Protection found traces of medicines in runoff from landfills in Augusta, Bath and Brunswick. (2009)

Crime: Drug- and alcohol-related crime costs every man, woman and child in Maine \$215 each year. (2010)

Kids: Fifteen percent (15%) of all 9-12 graders in Maine have tried a prescription drug for non-medical reasons. (2011)

Be part of the solution! Dispose of unused medicine properly.

How to dispose of unused medicines safely

- Put them in safe, locked drop boxes at local police stations
<http://umaine.edu/safemeddisposal>
(see list on facing page)
- Bring them to community collection events: Kennebec Valley Council of Governments
Call Ross Nason at 207-453-4258, ext. 220 for locations and dates
- <http://tinyurl.com/medicationdisposal>

Be Part of the Solution

Safe, locked medication drop box locations

Kennebec County

Augusta Police Station 33 Union Street	24 hours/day
Dept. of Public Safety 45 Commerce Drive, Suite 1	M-F: 8 a.m. - 5 p.m.
Gardiner Police Station 6 Church Street	M-F: 8 a.m. - 4:30 p.m.
Kennebec Sheriff's Office 125 State Street, Augusta	M-F: 8 a.m. - 5 p.m.
Oakland Police Station 7 Fairfield Street	M-F: 8 a.m. - 5 p.m.
Waterville Police Station 1 Common Street	24 hours/day
Winslow Police Station 114 Benton Avenue	M-F: 8 a.m. - 4 p.m.
Winthrop Police Station 15 Town Hall Lane	24 hours/day

Somerset County

Fairfield Police Station 75 Water Street	M-F: 8:30 a.m. - 4 p.m.
Madison Police Station 28 Weston Avenue	M-F: 7:30 a.m. - 4 p.m.
Pittsfield Police Station 112 Somerset Avenue	M-F: 8 a.m. - 5 p.m.
Skowhegan Police Station 225 Water Street	M-F: 8 a.m. - 4 p.m.
Somerset Sheriff's Office 131 E. Madison Road, Madison	M-F: 8 a.m. - 4 p.m.